

CASCADE HEART



EVENT MONITOR (Patient Information)

The following instructions provided as a reminder of what is expected of you while wearing the monitor.

Go about normal activities while wearing the monitor. Avoid any activities that may damage the recorder.

Remove and replace the electrodes daily. (You will be given additional electrodes to take home to allow for this)

RECORD when you experience symptoms. Press the white circle that reads “record” until you hear two (2) beeps, then release. The screen will freeze. Stop what you are doing and try to relax to obtain quality tracings.

Document in your diary; the date, time, activity and character of your symptoms.

The monitor has a memory which includes symptoms occurring 15 seconds before you press the record button.

TRANSMIT when an “F” appears on the screen, indicating that the memory is full. The monitor will shut off after a number of beeps.

Call the number at the top of your diary to transmit. (during office hours 9AM – 4:30 PM weekdays)
Do not use portable or cellular phones to transmit

Have your diary available to inform the nurse of the number and character of symptoms recorded.

Always transmit recordings on Friday afternoon so you have the maximum number of available recordings for the weekend as our office is closed for transmitting on weekends.

Do not plug in wires after transmitting until instructed to by nurse.

Your signature signifies that you accept the responsibilities required in this test and agree to return all equipment at the appointed time. Additional accessories dispensed: ____ neck lanyard ____ pocket clip

There will be a late charge of \$25.00 per day if the monitor or accessories are not returned at the time agreed. This fee will be the patient’s responsibility to pay since this will not be covered by insurance.

PATIENT _____ DATE _____